

A Discussion on the Practical Strategy of Integrating Guanxue Culture into Junior High School Politics Teaching--Taking Xi'an Junior High School Students as Example

He Wenhua¹, Hu Qian^{1,2}, Wang Duo¹

¹Xi'an University, Xi'an, Shaanxi Province, 710065, China

²Yunnan University of Finance and Economics, Yunnan Province, 650221, China

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Abstract: Teenagers are the hope of the country, and their development is related to the country's development. The junior high school stage is a key period to improve adolescents' ideological and ethical standards and enhance their moral character and cultural confidence. Chinese excellent traditional culture covers rich moral meaning. As an important part of Chinese excellent traditional culture, Guanxue now still has an important impact on the Guanzhong area in shaping people's mental outlook as well as behavior. Its cultural content and moral quality make a great contribution to the physical and mental development of junior high school students. Therefore, it is of vital importance to integrate the essence of Guanxue culture into the junior high school politics teaching.

1. Introduction

General Secretary Xi Jinping once said that primary and secondary school students are the main body of the young people as well as the future and hope of the country. If primary and secondary school students want to be successful, they must study diligently and improve comprehensive abilities to cultivate good morality, erect lofty aspirations, work hard and pursue excellence [1]. These excellent qualities have been passed down from the pre-Qin ancients to the present. As a growing seedling, teenagers should learn to love life, be grateful to life, be kind to others and be honest from an early age, embodying socialist core values in daily life.

1.1 Guanxue Culture as an Important Part of Chinese Excellent Traditional Culture

Local culture is an essential part of Chinese traditional culture. As the most representative and influential school in Shaanxi history, Guanzhong School, founded by Zhang Zai, is a popular Neo-Confucianism school in the Guanzhong area, spread from the Northern Song Dynasty to the Ming and Qing Dynasties. During the eight hundred years, Guanxue has passed the stages of reflection, inheritance, and transformation. From Heng Qu's creative spirit of paving a new way to the inheritance of Niu Zhaolian, it formed the accordant ethos, academic purposes, value pursuit and academic style from the objective perspectives, which creates rich academic achievements and cultivates a unique spirit.

As an important achievement in the transformation and development of traditional Confucianism, Guanxue had the sense of hardship in the destruction of rite system of Zhou dynasty, undertook the mission of rebuilding the moral order and built the theoretical model that integrates the character and morality as well as the education and politics. It advocates one universal human love, one cultural dream that advocates the harmony between heaven and man, one dialectical thought that enmity must be reconciled at last, and one philosophical wisdom that pursues the unity of the wise and the mean. These spirits all have reflected in the human destiny community construction, the ecological civilization construction, the dialectical relationship between inheritance and innovation and other contemporary social aspects.

1.2 The Necessity of Integrating Guanxue Culture into Junior High School Politics Teaching

Guanxue contains a wide range of thoughts, covering not only how to interact with others and

how to teach and be taught, but also contains the ethics of respecting teachers and elders, which has a very important impact on the physical and mental development of junior high school students. The scholars of Guanxue regard the world as their own responsibility and create a new system with Confucianism as the main body and Confucianism, Buddhism and Taoism complement as supplements. It formed a spiritual tradition that pursues fairness and happiness for everyone, has the creativity to create new things, attaches great importance to the etiquette and morality, severs to reality, be open and inclusive to others and worships moral courage. It not only has a far-reaching impact on Shaanxi people' thinking method, values, and personality, but also has made great contributions to the inheritance and innovation of the overall ideology and culture of the Chinese nation[2]. Teachers play an extremely important role in the process of adolescents' growth and development. They should not only teach textbook knowledge, but also impart responsibility and mission included in the Guanxue culture to the students, so as to cultivate students with noble personality and spirits from an early age.

Combining the knowledge junior high school students have learned in the classroom with the local excellent traditional culture is beneficial for junior high school students to deepen their understanding of textbook knowledge and local culture. It is no doubt that everyone has a great sense of intimacy and dependence on where they live, especially for students. Guanxue culture has a profound influence on generations to come. General Secretary Xi Jinping has mentioned Zhang Zai's Four-Sentences Teaching on many occasions, stimulating people's patriotism greatly. It is imperative for us to integrate Guanxue culture into junior high school politics teaching. When junior high school ideological and political teachers educate students according to the unified national curriculum standards, they should flexibly use the essence of Guanxue culture, so as to create a distinctive humanistic quality. Teachers should carefully study the textbooks before class, be familiar with the content of the lectures and flexibly integrate the culture of Guanxue into classroom teaching. During the class, they need to adopt various ways to stimulate students' interest according to the acceptance degree of the students, enhance students' sense of pride and enable students to participate in classroom activities, so as to learn the essence of Guanxue on their initiative.

2. The Current Situation of Guanxue in Contemporary Junior High School

As a grand cultural nation, China's excellent traditional culture of 5000 years is the foundation for us to conduct cultural innovation. Only by firmly grasping the roots of traditional culture can our cultural undertakings and industries continue to develop. Integrating excellent traditional culture into junior high school politics teaching is the responsibility that ideological and political teachers must bear in practical teaching, which has a significant practical effect on strengthening the cultural confidence of Chinese youth and realizing the great rejuvenation of the Chinese nation. In order to truly know the contemporary junior high school students' perception on Guanxue culture and the extent to which teachers combine Guanxue culture with junior high school politics teaching, the author conducts a field survey in Xi'an several junior high schools. Results showed as follows.

2.1 Relative Few Ways for Students to Know Guanxue Culture

With the rapid development of science and technology, the Internet has created many convenient learning opportunities for students in today's society, which is conducive for students to acquire various knowledge through the network. However, in the actual teaching process, the main way for students to acquire knowledge concerned Guanxue culture is still based on teachers' verbal teaching and related textbook. Teenagers, to some extent, do not have enough free time to learn the knowledge of Guanxue culture through other ways, in addition, students are not yet able to resist the impact of various kinds of content brought by the Internet. Students acquire Guanxue culture by participating in cultural activities and other ways only account for a small proportion. Many junior high school students argued that their academic pressure was getting heavier and heavier and their extracurricular activities are becoming less and less, so they have fewer opportunities to participate in cultural activities.

2.2 Less Prominent in School Activities and Inadequate Effort to Promote Guanxue Culture

In the process of actual investigation, it is showed that few schools publicize or organize students to join in related Guanxue culture activities in the actual investigation process, and schools attach more importance to students' test grades. In order to enable students to obtain good results in the high school entrance examination, the school put high the management of major course on the agenda while ignoring the humanistic edification and spiritual enlightenment of Guanxue culture on students. Among the schools investigated, some recognized the importance of prompting Guanxue culture, so they often organize and carry out various cultural activities in order to cultivate students' moral character and deepen students' experience of local culture, in which imperceptibly affect the way students interact with others. However, up to 60% of schools occasionally carry out activities, and most activities are just in the form without substance. It shows that the school itself does not attach importance to students' learning in Guanxue culture, let alone actively guide students to learn.

2.3 Parents Not Realized the Importance of Guanxue Culture for Teenagers' Growth

Parents are the children's first teacher. The quality of family education may affect a child's life. In the actual investigation process, it was found that more than half of the parents did not understand the Guanxue culture, and they could not recognize the influence of the excellent quality of Guanxue culture on the development of children. Many parents only teach their children orally. Such behaviors are easy to derail excellent traditional culture form life when their child haven't formed correct judgments and values. Children often know the correct truth, but it is difficult for them to prove it with practical action, getting twice the result with half the effort. Few parents thought that educating children is just a matter of schools and teachers, and teachers have the duty and responsibility to train students well. Such misconception is also the main reason why students do not understand the Guanxue culture in their daily life.

3. Practical Strategies of Integrating Guanxue Culture into Junior High School Politics Teaching

3.1 Junior High School Plays Leadership Role in Spreading Guanxue Culture through Various Channels

The actual investigation process, it showed that some leaders ignored the studying and dissemination of Guanxue school. They blindly attach great importance to students' grades blindly while neglecting the cultivation of students' ideological and morality. In the overall development of students, virtue is the first and education should firstly teach students how to be a good man. Schools should focus on students' physical and mental development if they want to run education well. Students need a good atmosphere to understand the Guanxue culture. School leaders should improve their quality of Guanxue culture. Schools can take the following measures to promote Guanxue culture: broadcast related Guanxue knowledge in campus, integrate the elements of Guanxue culture into the campus construction, carry out cultural activities related to Guanxue culture, carry out entrance etiquette when new students enter school, purchase relevant excellent traditional cultural books, newspapers and periodicals, launch selective courses related to Guanxue culture, and invite experts to conduct lectures, etc. The above-mentioned measures would make students learn Zhang Zai's spirit that people have responsibility for the nature, the society as well as the culture and history, the learning attitude that learning is serving for reality, and the universal love.

As the most important place for students to learn, the campus culture inevitably affects students' learning styles and learning content. Schools should take the leading role in constructing the traditional Guanxue cultural environment, and actively carry out cultural activities so as to enrich the form of ideological and political courses, deepen the course content. Students would actively participate in class. It integrates the implicit education with explicit education, in which students are entertained and educated, they would be influenced by Guanxue culture in a subtle way. Don't let

Guanxue culture just have empty shells in school.

3.2 Teachers Innovate Teaching Methods and Integrate the Spirit of Guanxue Culture into Politics Teaching

The biggest characteristic of junior high school ideological and political courses is that they are political, ideological, practical and comprehensive. The ideological and political course states the current affairs of the country in a flexible and diverse way and elaborates on the core values of socialism. It educates students in different stages according to their physical and mental characteristics. It effectively combines moral quality, mental health, and contemporary national conditions into a unity. At the same time, they are closely linked to students' family, school and society, which is conducive to improving junior high school students' comprehensive competence.

Many students are rebellious in junior middle school, they are active in thinking, pursuing novel and unique things. Facing with the traditional indoctrination teaching, they are prone to resist it. Therefore, teachers should pay attention to the topics students are interested in both in and after class. They should take students as the main body, carry out different teaching plans and methods in class according to students' psychological characteristics, physical and mental development and cognitive level. Zhang Zai adheres to learning is for doing in terms of the principle of education. And the aim of education is to make people aware of the morality of serving the elderly, know the sufferings of the people and inform students about the purpose of teaching and advising the children. He asks his students to understand the truth of all things in the world, thus achieving the purpose of saving people and country. From this perspective, teachers should educate students with certain purposes and cultivate talents with multiple levels and specifications. Every student is an independent individual with distinctive personality characteristics. Teachers should flexibly employ Zhang Zai's teaching theory to teach students in the process of teaching. They should constantly discover students' advantages, stimulate students' innovative thinking and enhance students' sense of mission, so as to establish their duty of contributing to the country's development.

4. Actively Carry out Cultural Training and Practice Activities with the Theme of Guanxue

In 2016, the Ministry of Education and other 11 departments issued the *Opinions on Promoting Research Travel in Primary and Secondary Schools*, it pointed out that all primary and secondary schools need to combine research travel with the education plan according to the local reality, meanwhile, it strives a balance between the research travel and the comprehensive practical activities, so as to promote the organic integration of research travel and school curriculum[3]. The aim of research travel is to provide a good space for students to develop in an all-round way. In recent years, research travel has become an important part of practical teaching in many primary and secondary school. It inherits and develops the traditional education theory and humanistic spirit that reading ten thousand books is like traveling ten thousand miles, which has become the new content of quality education. Carrying out research travel is conducive for students to cultivating and practicing socialism core values. It is beneficial to innovate personnel training mode, guide students to actively adapt to society and promote the deep integration of book knowledge and students' life experience. It improves students' self-care ability, innovative spirit, and practical ability.

As one of the four major academies in China, Guanzhong College in Xi'an city once was a famous indigenous academy in Ming and Qing Dynasties. Its founder Feng Congwu who was a master of Guanxue. His teaching aim is to promote Guanxue culture. During his more than 20 years teaching, he advocates the integration of learning and doing instead of empty talking, meanwhile, he advocates that people should shape and insist on their own viewpoints in reading. Firstly, he emphasizes that the precious of leaning is that people establish their own standing in the process of reading. Once someone shapes certain understanding they thought correct on the basis of thorough understanding, they should stick to their opinions and generally not be influenced by external factors. Secondly, we should know the essence of things and then to work. If we don't know the nature of things and just do it, we would never achieve anything. Thirdly, we should clarify the

principle of study and grasp the core. The principle of the academy is based on the heart, and the nature of the heart is honesty, so the nature of academy is ultimately ascribed to the kindness of the human. Based on Zhang Zai's viewpoint that leaning means doubt, and his own academic experience, Feng Congwu proposed the scientific method of studying, which argues people need to learn, to do, to suspect, to reflect and to persist. The way of teaching Feng Congwu advocated provides essential teaching methods for contemporary teachers and students. Conducting on-the-spot teaching at Guanzhong College can effectively enable students to understand and learn the excellent traditional local culture, so that students can feel the charm of excellent traditional culture. For junior high school students in Xi'an, the school should actively organize related activities so as to let students experience each step of teaching Guanzhong Shuyuan conducted, realize the unique viewpoints Feng Congwu proposed with respect to education, moral education and family ethics. Students would deeply realize their responsibilities and mission by reading the four sentences "To establish the truth for the world, to point out a correct road for the people, to inherit the leaning of ancient sages such as Confucius and Mencius, and to lay a foundation for the permanent peace of the world." Students will become practitioners of inheriting and promoting excellent traditional culture in the process of learning.

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